

Richmond upon Thames

Young Onset Dementia Support



If you have received a diagnosis of dementia under the age of 65, or look after someone with young onset dementia, our dementia support worker will work with you to identify your unique needs and help you plan how to meet these needs. We give information and practical advice to help maintain your independence for as long as possible or support you looking after someone with dementia.

You can also join our peer support groups to share your experiences of dementia in a safe, non-clinical environment.

Our Richmond young onset dementia support worker is **Tamas Tatai**.

Who is it for?

Richmond upon Thames residents who were diagnosed with dementia under the age of 65 or are looking after a person with dementia who was diagnosed under the age of 65.

Our aims

- Provide relevant and easy-to-understand information about dementia
- Help people to live well with dementia, and to feel less isolated
- Advise on local services, and how to access them
- Offer weekly local support groups for people living with young onset dementia
- Offer monthly local support groups for their family members and carers
- Help people affected by young onset dementia to feel confident accessing and building wider support networks

If you would like more information about any of our services in Richmond please get in touch. We are here to help.

Alzheimer's Society (Richmond)

Call us on: 0208 036 9570

Email: richmondservices@alzheimers.org.uk

Alzheimer's Society

For factsheets and the latest advice: www.alzheimers.org.uk