

The Sunflower Clinic - FGM Counselling service



What is FGM?

Female genital mutilation (FGM) is also known as female cutting or female circumcision. It is a procedure that causes injury to the female genital organs for non-medical reasons.

What is counselling?

Counselling is a private and confidential space for you to talk through any emotional difficulties that you are experiencing or have experienced in the past. These are FGM related but can also include difficulty with sexual relationships, childhood trauma, women seeking asylum, pregnancy and birth, anxiety and depression.

What we offer

The FGM Clinic offer sessions face to face in our clinic or via Zoom/telephone. We offer up to 8 sessions and can refer on to other counselling services if required.

It is free and completely confidential.

We also have Arabic and Somali speaking interpreters available to support you if English is not your first language.

Our Counsellor

Alex Rogers is a UKCP registered counsellor and psychotherapist. She has been working privately for 20 years and has been working in our FGM clinic since 2016. She is a specialist in FGM and related issues.



To book a session please ring

Suhad on 07757 894 186

Or email Linda at

linda.ricketts1@nhs.net

Or

imperial.fgmservice.gynaecicht@nhs.net

Or ring 07810 557 824